

MOM Florentine Lasagna

Nutrition Facts

1 servings per container

Serving size 1 Pouch (283g)

Amount Per Serving

Calories **310**

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 530mg **23%**

Total Carbohydrate 41g **15%**

Dietary Fiber 4g **14%**

Total Sugars 7g

Includes 1g Added Sugars **0%**

Protein 13g

Vitamin D 0mcg **0%**

Calcium 210mg **15%**

Iron 2.3mg **10%**

Potassium 660mg **15%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.